



General Actions

Coordinating Universities for the Proposal: UCM and UPM

Title of Action	Healthy Campus Programme		
Participating partners	UCM, UPM	Other participants	
Start date	2009	End date	
Action	A20		
Areas of action	Comprehensive Social Campus		
Location	Whole Campus		
Infrastructures involved			
<p>Objectives:</p> <p>To promote health, social responsibility on campus, and improvement of both physical and psychosocial working conditions of workers and students:</p> <ul style="list-style-type: none"> • Prevention of occupational risks and physical and psychological disorders. • Sustainable development and social responsibility. • Development of life skills and human strengths. • Development of healthy lifestyle (healthy diet, exercise, prevention of consumption and smoking of addictive drugs). • Creation of positive psychosocial environments. <p>The Moncloa campus Health and Welfare Centre will be created to monitor and implement the program, jointly involving all institutions participating in the project.</p>			